



Camarillo (CA) Branch

# BEACON

November 2019

## ***A Message from Jan Demonsy, Co-President***

Dear Members,

Have you noticed that the succinct AAUW tag line “Empowering Women Since 1881” contains some remarkable information? Not only has our organization weathered 138 years, it was founded by prescient women who believed in “empowerment” long before that concept became a popular social or political catch phrase. Moreover, the founders sought to empower other women despite holding few of the powerful rights women have today. They stood stalwart and are worthy of today’s empowerment quotes such as, “A strong woman stands up for herself; a stronger woman stands up for everyone else”. They clearly knew, “When women support each other, incredible things happen.”

Speaking of empowered women, an historical mark for women occurred just last month. On October 18, 2019, two female astronauts carried out NASA’s first all-female spacewalk. That’s “One giant leap for Womenkind” – should we deem it a landmark in “herstory”? This event certainly demonstrates the expansion of STEM careers for women. While women still have a ways to go, especially in wage equality, each watershed event creates a step in the right direction. AAUW supports the empowerment of young women to reach their educational dreams. Empowerment is contagious because “empowered women empower women.”

In kind, our AAUW Branch has been brimming over with powerful programs and fantastic fundraising. On October 7, 2019, we hosted our first 2019-2020 General Meeting at the new venue, Studio Channel Islands Art Center. More than 50 attendees enjoyed this event – great crowd and great vibes! Thanks to our Programs VP, Bea Lutterbeck, we were treated to a superb panel discussion, Empowering Latinas, with four women making a difference in our community: Michelle Hasendonckx, Martita Martinez-Bravo, Teresa Amescua-Smith and Adrienne Arguijo. The discussion provided an authentic look into social biases they have encountered, as well as the strengths and resilience of the Latinx community. It was an opportunity for me to truly empathize with other women while, at the same time, realize there’s no authentic way to “walk in her shoes”.

We’re also happy to report a recent fundraising success. On October 10, 2019, board members Vanessa Otto and Bea Lutterbeck were notified that our AAUW Branch was chosen as the recipient of the 2020 Rebozo Festival grant award of \$5,000. The Rebozo Board noted our branch is “in the front line of addressing the cultural needs of the community.” Attempts were made in prior years for this grant; however, this year’s interview with the Rebozo Board included a short video of a Tech Trekker joyfully coding at her computer. Congrats -- that’s five more girls for Tech Trek! Hope to see you at Authors’ Day November 16<sup>th</sup>, our biggest fundraiser of the year. Details inside.

May all of us feel empowered to stand strong together,  
Jan Demonsy, Co-President  
(change in email address: [aauwcamarillo.copres@gmail.com](mailto:aauwcamarillo.copres@gmail.com) )

**Authors' Day, November 16, 2019, 10:30-2**

**[Click Here for Tickets!!](#)**

**Sales End Sunday, November 10<sup>th</sup>**

**Lunch**

**Author Speakers**

**Book signings**

**Door Prizes**

**Four Points Sheraton**

**1050 Schooner Dr**

**Ventura, California 93001**

***Nicole Mones*** - A newly launched textile business took her to China in 1977, after the end of the cultural revolution. She traded textiles with them for 18 years before she turned to writing about that country in the form of novels, nonfiction, and articles about Chinese cuisine. She is a member of the National Committee on U.S.-China Relations.

***Paddy Hirsch*** - He is a fiction and nonfiction author, journalist, web video host, financial blogger, and a commentator on the economy and financial markets. He was a 2014 winner of the Edward R. Murrow award for excellence in reporting.

***Diane Mautner*** - She is an author, playwright, and speech and language specialist by trade. She has written three books, one being the acclaimed, fabulously illustrated, children's book *Prisoner #147* about a mischievous raccoon – an exciting adventure from beginning to end.

***Alan Jacobson*** - He is an American author of mystery, suspense, thriller and action novels. Among his works are the FBI profiler Karen Vail series and the OPSIG Team Black series, as well as stand-alone books and short stories.

**[Click here](#) to purchase tickets online!**

Or contact Diana Dingler at (805) 987-8013 or [dingler2028@roadrunner.com](mailto:dingler2028@roadrunner.com) for questions or to purchase tickets directly.



## 2019-2020 Snip and Save Calendar

Nov. 4, 7pm – Board Meeting, Jan Ackerman's

Nov. 8 - Bridge

Nov 16 – Authors' Day fundraiser luncheon – [Buy tickets online here!!](#)

Nov. 22 – Bridge

Nov. 30 - Meet and Greet Breakfast – Last of 2019!! Agave Maria's, 9am – always the LAST Saturday of the month, including 1/25, 2/29, 3/28, 4/25, 5/30, 6/27

Sunday, Dec. 8 – Holiday Pot Luck

Saturday, Dec. 14 – Camarillo Christmas Parade, Women's Suffrage March!

January 6, 2020 – Board Meeting, Time and Location TBD

Jan. 11 – IBC Luncheon: Celebrating 100 years of Women's Suffrage, Los Robles CC

Feb 3 – 5:00 Board Meeting; 7pm General Meeting, Blackboard Gallery, Studio Channel Islands

March 4, 11, 18 – Knowledge Bowl 2020

March - Other meetings cancelled – thank you for volunteering for Women in History and Knowledge Bowl

April 6 – 5:00 Board Meeting; 7pm General Meeting, Blackboard Gallery, Studio Channel Islands

April 16-19 – AAUW CA Convention, Milbrae, CA

May 4 – 5:00 Board Meeting; 7pm General Meeting, Blackboard Gallery, Studio Channel Islands

May 17 – Rebozo Festival, Grantee Award!

June – Installation of officers and member tea, TBD

Aug. 23 – A Toast to Tenacity! Celebrating 100 Years of Women's Suffrage, Museum of Ventura Co.

## Empowering Latinas

October's meeting was inspiring, highlighting strong, accomplished women doing wonderful things in our community, especially for Latinx students. Thanks to our presenters, Martha Martinez-Bravo, Theresa Amescua-Smith, Michell Hasendonckx, and Adrienne Arguijo-Morgan, who told stories of persistence, resilience, and confidence, highlighting the cultural strengths that have helped them succeed despite discrimination and racial injustice. Thanks to our moderator and VP of programs Beatrice Lutterbeck, who took such care to organize a thoughtful discussion exactly when our community needs it. Civil Rights icon Lupe Anguiano and longtime education champion and AAUW Camarillo founding member Val Rains were also in attendance. Thanks to all who came and helped create a truly intergenerational and intersectional event.





Meet and Greet Breakfast, Saturday, Nov. 30 at 9am

## Agave Maria's Mexican Restaurant

710 Arneill Rd, Camarillo (across from CVS)

Join us for great food AND conversation the last Saturday of the month.



## AGAVE'S BREAKFAST MENU

WEEKENDS from 8am to 11:30am

### Breakfast

Two eggs any style, breakfast potatoes

Potatoes & Eggs	4.95
Bacon & Eggs	6.95
Ham & Eggs	6.95
Asado & Eggs	7.95
Carnitas & Eggs	6.95

### From the Griddle

Served with syrup & butter

Pancakes - short stack (2)	3.95
Pancakes - full stack (4)	4.95
Pancake & Eggs(2)	6.95
French Toast(2)	3.95
French Toast & Eggs(2)	6.95

### Omelettes

Three eggs, breakfast potatoes

Cheese Omelette	6.95
Garden Omelette	7.95
Steak or Ham Omelette	8.95
Spinach & feta Omelette	7.95
Avocado Sunrise	7.95

### Over the Border

Served with refried or black beans

Huevos Rancheros	6.95
Machaca & Eggs & tortillas	7.95
Chilaquiles & Eggs	5.95
Quesadilla Huevos	5.95
Chorizo & Eggs & tortillas	7.95

### Egg Burrito 7.50

Scrambled eggs, cheese and your choice of:

- Chicken, beef, pork, chorizo
- Bacon or ham
- Refried or black beans
- Red salsa or tomatillo salsa
- Dry or Wet red or green sauce

OVER THE BORDER ITEMS SERVED  
\*\*\*ALL DAY EVERY DAY\*\*\*

### À la carte items

Bacon (1 or 2 pieces)	1.00/1.95
Oatmeal or Fruit	2.95
Toast	.50/1.00
Eggs (1 or 2 eggs)	1.75/2.95
Yogurt & granola	3.95

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[aauw.camarillo.president@gmail.com](mailto:aauw.camarillo.president@gmail.com) for yours.

Sales end Dec. 15!



## Make Women's History Come Alive - Volunteer!

Celebrate Women's History Month

### Become a Woman in History!

Make History Come Alive in Front of Students' Eyes



Learn and share with students...fun for everyone! AAUW-Camarillo's WOMEN IN HISTORY PROGRAM invites you to portray one of the following important women to schools in the Camarillo area in MARCH 2020.

**Grades K-3:**

**Elma Gonzalez** – Research Scientist & Professor

**Grades K-5:**

**Marla Runyan** – 1<sup>st</sup> Legally Blind Olympian

**Elizabeth Blackwell** – 1<sup>st</sup> Female Physician

**Grades 3-8:**

**Rosa Parks** – Civil Rights Activist

**Elizabeth Cady Stanton** - Suffragist Leader

**Eleanor Roosevelt** – 1<sup>st</sup> Lady, Diplomat, Activist

**Ruth Bader Ginsberg** – Supreme Court Justice

**Rachael Carson** – Biologist, Environmentalist

**Georgia O'Keefe** – American Modernism Artist

**Grades 5-8:**

**Clara Barton** - Founder of the Red Cross

**Queen Hatshepsut** - Egyptian Pharaoh

**Deborah Samson** - Revolutionary Soldier

**Queen Elizabeth** - British Monarch



Last year, Katy Lyon as AMELIA EARHART used an airplane prop made by student Andrew Torti.

Interested in portraying one of these women to students in their classrooms?

These are fun, interesting, interactive performances, with time for student participation and questions, usually 20 minutes in total. The AAUW-Camarillo will provide you with a Training Orientation (where you will meet other performers), scripts, extensive background material, props, and costume suggestions/lending options.

For more information or to volunteer to become a Woman in History, please contact Merrill Berge, 805-208-6058 text/talk OR [womeninhistory.merrill@gmail.com](mailto:womeninhistory.merrill@gmail.com).

## P.M Book Review

We will not meet in the month of November. Instead we will be getting together the following month much earlier than normal. Our next scheduled meeting is set for Monday, December 2nd at 7:00 p.m. where we will be discussing Isabel Allende's most interesting publication entitled Maya's Notebook. Our hostess in December is Linda Redrow, so please call or send an email to let her know whether or not you will be attending [805-383-6267, [lcredrow@yahoo.com](mailto:lcredrow@yahoo.com)].

## November Bridge News

Changes were made to the October schedule, so Donna Herleikson will host the November 8th meeting and Evonne Peterson the November 22nd meeting. To finish out the calendar year, Janet Lindquist will host the December 13th bridge meeting.

## Holiday Potluck, Sunday Dec. 8 at 2pm



The annual AAUW Holiday Potluck Party will (again) be held at Jerrie and Martin Newman's – the most Outstanding Hosts!

This event will be held at their beautiful home, 872 Grade Ave., Camarillo, on Sunday, December 8th, at 2:00pm.

The main entrees – turkey and ham – will be provided. What would you like to bring? Your choices are an appetizer, a salad, a vegetable, a carb or a dessert. When you RSVP, please specify your choice. If everyone wants to bring a dessert, you might be asked to bring something else!

Those attending must RSVP to Janet Lindquist (805-437-6244) by December 4th. Non-alcoholic drinks are provided. BYOB for all adult beverages. Hope to see you there!



## Public Policy

This month's Public Policy Committee article focuses on just a few of the bills signed into state law. AAUW member Pat Ehret has been following SB-328: In consideration of the established effect of sleep deprivation on adolescents and the resulting benefits of a later school start time, the California legislature has passed, and Governor Newsom on October 13<sup>th</sup> has signed, SB-328. As a result of this bill, the school day for middle school and high school students, including students at charter schools, will begin no earlier than 8:00 a.m. and 8:30 a.m. respectively. The bill goes into effect by July 1, 2022, or the date on which a school district's or charter school's collective bargaining agreement that is operative on January 1, 2020, expires, whichever is later, except for rural school districts. Costs determined to be mandated by the state will be reimbursed pursuant to statutory provisions. So, sleep in kids!

On the other end of the spectrum, our seniors, we have several items of interest. Senate Bill 228/Hannah Beth Jackson provides a policy framework for the Master Plan for Aging and Disabled Californians, established through executive order by Newsom. SB 228 encourages collaboration among state departments and stakeholders, provides a framework of values, builds on best practices and research to provide a vision and plan for addressing the long- and short-term needs of aging and disabled Californians, and requires reporting to the Legislature on the progress of the plan.

By 2030, our older population will nearly double in California, bringing an increase of 4 million people over the age of 65. Newsom recently signed two other Jackson bills aimed at addressing the needs of California's elder population:

[SB280](#) (Jackson) strengthens home building standards to help aging and disabled adults reduce their risk of dangerous falls and allow them to age at home. And, [SB623](#) directs the Department of Housing and Community Development to use the most current census data to determine the assistance that is directed for the construction of low-income senior housing units. This helps ensure that housing allocations accurately reflect California's increasing senior population. Send thanks to Senator Jackson at [SD19.senate.ca.gov](mailto:SD19.senate.ca.gov).

(Cont'd next page)

## Public Policy (cont'd)

If universal health care is a national goal, we must get the cost of health care under control. One significant area of cost is with prescription drugs. AARP's Stop Rx Greed Campaign advocates for outlawing pay-for-delay agreements as one of the key pillars to convince state and federal lawmakers to act to lower the high costs of prescription drugs. So far in 2019, 25 states have enacted 38 bills to attack this problem. The measures include authorizing the importation of lower-priced medicines from Canada and other countries, laws governing price transparency and the creation of drug affordability councils.

Governor Newsom showed support for the AARP campaign and signed a law which takes effect January 1, 2020. It is designed to deter companies from paying competitors to delay creating and selling less expensive generic equivalents of their brand-name medications. It shifts the burden so that instead of the state having to prove that these deals illegally inhibit competition, the drug makers will have to show that the agreements are legitimate. This is a first law that puts the drug makers on report!

AAUW works closely with our partner organizations that advocate to improve the quality of life for all members of our communities, from our youngest to our wise ones.

To honor recently passed Representative Elijah Cummings, "Our children are the living messengers we send to a future we will never see..." All of us must work for a better future.

Kathy Long, Public Policy Chair

## Give a Grad a Gift

### Give a Grad the Gift of AAUW Membership!

As an AAUW member you can gift one year of AAUW National membership to as many recent college graduates as you like at no cost to them or you. Anyone who has completed an undergraduate degree in the past two years is eligible to receive one free membership from an AAUW member. If the Graduate resides in Ventura County, please consider including an annual Camarillo Branch membership for only \$10, a significant discount from our annual dues amount.

For more information or to gift a Graduate please contact Jan Demonsy, (805) 419-4607 or [pocaterraj@aol.com](mailto:pocaterraj@aol.com).



## Great Decisions

Now that 2019 is a wrap, would you be interested in joining us in 2020? If you are, please call any of the following chapter members – we'd love to have you join us. We are ordering books now!

- Nancy Walters nejwalters285@gmail.com (805) 465-0362,
- Ann Wasson amwasson@gmail.com (805) 419-4509, or
- Jerrie Newman martjerrie@roadrunner.com (805) 389-3064.

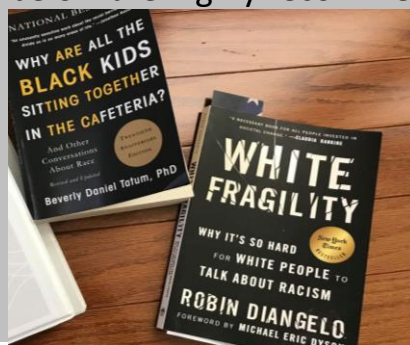
Our chapter's Great Decisions meetings – the fourth Friday of each month -- are informal and invite discussion. First, we read a brief chapter in our booklet. When we meet, we watch a 20-minute video on the month's topic and then discuss it for about an hour. This is a safe, informative, and non-political venue to discuss important and current foreign policy matters. No experience is necessary!

## New Committees Being Formed!

The ***Camarillo AAUW Fundraising Committee*** would generate philanthropic development and donor stewardship to foster our branch sustainability and support its various programs. This committee would have an active and collaborative role in planning fundraising events and researching and obtaining grants for our programs. Participation in National AAUW fundraising training may be helpful. Duties include celebrating successful fundraising by thanking and recognizing donors through branch publications, at branch meetings and with personal thank-yous. Contact Jan for more info.

The ***Camarillo AAUW Diversity Committee*** will ensure that our branch is providing an inclusive atmosphere to enhance a diverse membership that is representative of our community.

Representation matters! Contact Gloria for more info and how to participate. We'd like to start a book group. The titles below are highly recommended.



## 2019-2020 DIRECTORY IS COMING!

IT'S BEEN TWO LONG YEARS, BUT A NEW DIRECTORY IS COMING THIS FALL. PLEASE CHECK YOUR 2017-2018 DIRECTORY TO ENSURE YOUR CONTACT INFORMATION IS ACCURATE. EVEN IF YOU DON'T HAVE A DIRECTORY AND YOUR CONTACT INFO HAS CHANGED IN THE PAST TWO YEARS, SEND ANY CORRECTIONS TO ELIZABETH HOLDER AT [EGHOLDER@GMAIL.COM](mailto:EGHOLDER@GMAIL.COM)

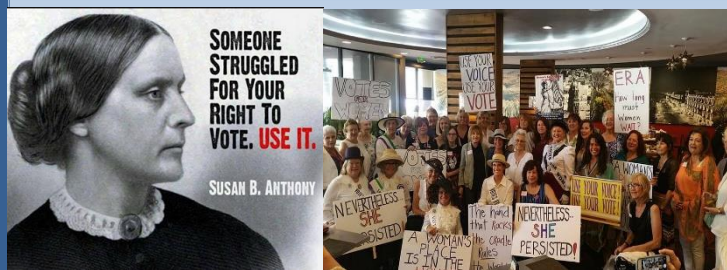
## AAUW Celebrates 100 Years of Suffrage at the Camarillo Christmas Parade

December 14, 2019

Nothing says holiday cheer like a parade to celebrate the season AND the 100<sup>th</sup> anniversary of women's suffrage in 2020. Let's educate Camarillo about women's hard-fought right to vote with an old fashioned march. Wear historical or modern-day suffragist attire. Bonus points if you can work in the Cosmic Christmas theme! All ages and genders, members and nonmembers welcome.

More info as it becomes available.

Staging begins at 9am.



## Camarillo Branch

### Board of Directors and Chairs 2018-2019

**Gloria Miele**  
**Jan Demonsy**  
Co-Presidents

[Aauw.camarillo.president@gmail.com](mailto:Aauw.camarillo.president@gmail.com)

[Aauwcamarillo.copres@gmail.com](mailto:Aauwcamarillo.copres@gmail.com)

**Bea Lutterbeck**

VP, Programs

**Mary Goldberg**

Recording Secretary

**Vanessa Otto**

Treasurer

**Elizabeth Holder**

Membership Treasurer

**Diana Dingler**

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**Kay Ito**

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**Ann Wasson**

Beacon Editor

**Gloria Miele**

Beacon Design and Layout

**Open positions:**

Co-President-Elect

VP, Membership

## More on Membership

### Not a member? Or know someone who would be a great addition?

Join and pay online with a credit card using the New Member Join link below. Right click on the link and then select "open hyperlink":

[AAUW Camarillo Branch New Member Join Link](#)

This is a direct link to The Camarillo (CA) AAUW Branch. You will select New Member and for Member Type choose MOB-Branch Member. If you join between January 1<sup>st</sup> and March 15<sup>th</sup>, a small discount will be applied. Annual dues will be due by June 30<sup>th</sup> of the same year. Get a 30% discount when you sign up at a meeting or event (Meet and Greet, General Meeting, etc).

Join and pay with a check by printing this page, then completing the Member Form at right. Follow the instructions on the Form.

Not sure if AAUW is a good fit for you? Try attending the monthly Meet & Greet Breakfast, held on the last Saturday of most months. Refer to the article in this Beacon for specifics. This is a pleasant social gathering for members and potential members. Hope to see you there!

Visit the Branch Website for more info: [AAUW Camarillo \(CA\) Branch website](#)

Attend the next Branch General meeting. Guests are always welcome.

For questions please contact Jan Demonsy, 805-419-4607 or email [aauwcamarillo.copres@gmail.com](mailto:aauwcamarillo.copres@gmail.com)

### American Association of University Women



#### Member Form – Please print, complete and mail

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone: (Home) (\_\_\_\_\_) \_\_\_\_\_

(Cell) (\_\_\_\_\_) \_\_\_\_\_

E-Mail: \_\_\_\_\_

Highest College degree: \_\_\_\_\_

University/College: \_\_\_\_\_

Student:

Student Graduation Date: \_\_\_\_\_

Student Degree Sought: \_\_\_\_\_

Dues Schedule:

Circle one:

General Member, Renew \$100

NEW General Member \$100

Life Member \$41

Student Affiliate \$ 0

*(Includes local, state & national dues)*

Write check payable to: "AAUW Camarillo Branch" and and mail to:

Camarillo AAUW  
P. O Box 862  
Camarillo, CA 93011

Visit our website! <https://camarillo-ca.aauw.net/>





Camarillo (CA) Branch

# BEACON

November 2019

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