

January 2020

A Message from Jan Demonsy, Co-President

Hope your holidays were fun and festive. Did you make any resolutions for the New Year? The practice of making resolutions in the new year has been in vogue for quite some time. One source found a 1671 diary entry by a female member of the Scottish gentry containing a number of pledges, most taken from biblical verses. The page was titled "Resolutions" and dated January 2nd. No evidence was available on the results.

Perhaps a better focus for today's world is the core word of "resolutions" — the term "resolute." Resolute represents the antithesis of half-baked New Year's promises to better oneself. Resolute embodies the quality of being determined, with perseverance, persistence and tenacity. When a person is firmly "resolute" to accomplish something, that individual becomes charged with the intent to act. Our AAUW branch has a chance to "become charged with the intent to act" in 2020. We will all have ample opportunities to make a difference. In fact, organizations like AAUW need to reach out to local communities in these challenging times. Perhaps you can join in encouraging young women to register to vote (think Channel Islands); or continue our ongoing help with the polling booths in our city; or form car-pools for those in your neighborhood who cannot drive themselves to the poll; or look seriously at a candidate for office — local, state or federal — and give some support. In the spirit of our suffragist "fore-mothers", we need to remain resolute and carry on the commitment to expand the "Votes by and for Women".

We are pleased to announce that the Haas Foundation has again granted \$10,000 to our AAUW branch. The grant is to "support the 2020 Summer Science programs and STEM scholarships for young women." We will split the funds; half will be earmarked for Tech Trek girls and the remaining half for CSUCI Scholarships given to women returning to college.

Our entry in the Christmas Parade was a great success! Our AAUW contingent was joined by several costumed suffragists from Vision 2020: National Women's Equality Coalition, lead by Dawn Dyer. Many parade goers cheered us on, and some gave us a standing ovation. The Acorn printed a photo of our group in last week's issue – we're featured right up there with Santa Claus. In the future, we'll want to join this parade again to focus on getting the word out about AAUW, its purpose and activities. There's nothing better than a fun time with a promising membership opportunity.

Please save the date, Saturday, January 11, 2020, for the upcoming AAUW Interbranch Council Luncheon hosted by the three Ventura County AAUW branches. The IBC flyer in this Beacon provides information on the luncheon program. It's your next chance to celebrate the centennial of the 19th Amendment, and you can meet the Vision 2020 suffragist players in person.

Our first general meeting in 2020 is on February 3, 7:00 pm, at Studio Channel Islands Art Center. Dr. Kathleen Wheeler will discuss how to accomplish the art of "respectful conflicts" at home, at work, and in the community – very useful information for 2020. (see inside for article by VP of Programs, Bea Lutterbeck).

May 2020 give us clearer vision,

Jan Demonsy aauwcamarillo.copres@gmail.com or pocaterraj@aol.com

Register for IBC - Deadline Extended to January 6!!



Celebrating 100 Years of Women's Suffrage in America



To celebrate the 100-year anniversary of passage of the 19th Amendment, and the January 11th birthday of suffragist Alice Paul, this year's IBC luncheon will feature a presentation by award winning businesswoman Dawn Dyer and her Suffrage Passion Players. Dawn is the Public Policy Director of NAWBO Ventura County, Founder & Chair Emeritus of the Ventura County Housing Trust Fund, and a California delegate to Vision 2020: National Women's Equality Coalition. The group will perform a one-act Suffrage Play, followed by Dawn's inspiring recount of the fight for Women's Right to Vote. She'll also review key Indicators of women's equality today, and discuss actions being taken to achieve economic, political and social equity for women.

2020 AAUW Ventura County Annual IBC Luncheon January 11, 2020 from 11:30 a.m. to 2:00 p.m.

Los Robles Greens Country Club 299 S Moorpark Rd, Thousand Oaks, CA 91361

** You are encouraged to come dressed in modern-day or historic suffragist attire **

REGISTRATION -> Deadline to register Friday, January 3, 2020

-> Register by MAIL with this form

____ Yes, I plan to attend the IBC luncheon and have included my check for \$40 per ticket.

Yes, I can help defray the cost for a college student to attend this event. I am enclosing an additional \$______ to cover the ticket(s).



- -> Register ONLINE with EventBrite at https://aauwibc2020unfinishedbusiness.eventbrite.com
- --> Unable to attend? Make an IBC Scholarship or STEM Education DONATION (available by mail only)
 ___ I am enclosing a contribution of 5 ______ to AAUW-IBC.

My Name: _____

My Telephone & Email:

My Guests' Name(s):

Total Number Attending: ____ Amount of Check Enclosed: S_____

Make checks payable to AAUW-IBC, and mail with this form to AAUW-IBC, Attention: Jan Demonsy, 744 Valley Vista Drive, Camarillo, CA 93010

MAWBO

Thanks to our community partner for cross promoting this event-NAWBOVC.org



January 2020

2020 Snip and Save Calendar

January 6, 2020 – Board Meeting, 7pm, Jan Ackerman's home

Jan 10 - Bridge

Jan. 11 – IBC Luncheon: Celebrating 100 years of Women's Suffrage, Los Robles CC (register today!)

Jan 14 - Nonfiction Book Group

Jan 18 – Fourth Annual Women's March - global

Jan 24 - Bridge

Jan 27 – Women in History training, Dos Caminos School, 5:30pm

Jan 27 - PM Book Review

Feb. 1 . 6:30pm *On the Basis of Sex*. Move screening presented by LWV and Ventura Film Society, Museum of Ventura County. See Venturafilmsociety.com for more info.

Feb 3 – 5:00 Board Meeting; 7pm General Meeting, Blackboard Gallery, Studio Channel Islands

Feb 11 - Nonfiction Book Group

March 4, 11, 18 - Knowledge Bowl 2020

March 8 – Int'l Women's Day Forum, viewing of Legalize Equality, Museum of Ventura County.

March - Other meetings cancelled – thank you for volunteering for Women in History and Knowledge Bowl

April 6 – 5:00 Board Meeting; 7pm General Meeting, Blackboard Gallery, Studio Channel Islands

April 16-19 - AAUW CA Convention, Milbrae, CA

May 4 – 5:00 Board Meeting; 7pm General Meeting, Blackboard Gallery, Studio Channel Islands

May 17 – Rebozo Festival, Grantee Awards

June – Installation of officers and member tea, TBD

Aug. 23 – A Toast to Tenacity! Celebrating 100 Years of Women's Suffrage, Museum of Ventura County

February Meeting Preview by Bea Lutterbeck, VP Programs



RESPECTFUL CONFLICT — It's Not an Oxymoron! Learn More at Our February 3rd General Meeting

Divisive. Polarized. Ugly. These words are used frequently to describe the state of our nation right now. And, unfortunately, get-togethers with family and friends can become equally so, especially when the subject of politics comes up.

Why not just avoid these kinds of discussions altogether? Because we need to be able to talk with each other! Without the ability to stay in the conversation and guide the conflict in a productive direction, there is no way forward--for our nation or for our relationships with those closest to us. Tools for respectful conflict can be applied, so that is dinner not spoiled and relationships stay strong and even get stronger. The tools for respectful conflict are useful at home, at work, and in the broader community. See next page for a few examples:



January 2020

February Meeting, Continued

- You are on a church committee tasked with organizing the annual fund-raiser. Sharp disagreements have arisen over where to have the event. Committee members have taken sides and there has been unkind gossip and back-biting between meetings. You wonder how this could have happened when the committee members are ordinarily congenial with one another and because everyone agreed they wanted to make decisions by consensus. How do you move past this impasse?
- You dread (fill in here: holidays with your extended family, staff meetings, discussions with your spouse about how to manage the family budget, etc. etc.) because of the inevitable arguments. Too often these arguments escalate, sometimes even turning into a shouting match or personal attacks followed by icy silences, leaving you feeling angry or depressed. How can these conversations be approached with better results?
- You and your friend Tanya are as close as two friends could be. So when Tanya was short on cash after a dinner out together, you didn't hesitate to pull out your wallet and pay. It has now been several weeks since that dinner, however, and you are surprised that Tanya hasn't offered to pay you back or to reciprocate. After all, she knows you don't have a lot of money. You find yourself feeling resentful in spite of yourself. You begin to decline Tanya's invitations to get together. How do you raise the issue with her in a way that gets your friendship back on track?

Each of these scenarios illustrates how valuable it can be to develop *conflict competence*—at home and at work, with another individual and/or within a team. They also illustrate the two common pitfalls that we all encounter when we realize there is a conflict: attempting to avoid the conflict altogether or getting stuck in conflict that has turned ugly and not knowing how to get out of it.

In our 2019/2020 Public Policy Priorities, AAUW highlights the value of "creating a diverse culture of involvement, respect, inclusion and connection, where the richness of ideas, backgrounds and perspectives is fully appreciated and utilized." Cultivating skills for creating and navigating respectful conflict is a great place to start.

You can hear more and learn tools for creating and navigating "respectful" conflict at our next general meeting on February 3rd at Studio Channel Islands in their Blackboard Gallery. Our guest presenter will be Dr. Kathleen Wheeler, experienced in the field of Organization Development, where she has specialized in helping people achieve their organizational and career objectives through developing leadership, communication, conflict resolution and teamwork skills. She earned her Ph.D. in Organizational Psychology and has worked for four decades in multiple industries (Healthcare, High Tech, Manufacturing, Utilities, and others), with companies large and small, and with 1000's of people at all levels. Her belief in the value of conflict skills--to the creative process, to individual and team development and to building collaboration—represents a lifelong interest.



January 2020

Meet and Greet Breakfast Saturday, January 25th at 9am

Agave Maria's Mexican Restaurant

710 Arneill Rd, Camarillo (across from CVS)

Join us for great food AND conversation the last Saturday of the month.





A Great Year for AAUW Grants!



Thank you to the Gene Haas Foundation and its continued support of Tech Trek and CSUCI students.

Women in History Training Session

Women in History training will be on Monday, January 27th at 5:30 at Dos Caminos. We will be looking for help with training, check in, etc. Please contact womeninhistory.merrill@gmail.com if you are available to assist.





January 2020

Make Women's History Come Alive - Volunteer!

Celebrate Women's History Month

Become a Woman in History!

Make History Come Alive in Front of Students' Eyes











Learn and share with students...fun for everyone! AAUW-Camarillo's WOMEN IN HISTORY PROGRAM invites you to portray one of the following important women to schools in the Camarillo area in MARCH 2020.

Grades K-3:

Elma Gonzalez - Research Scientist & Professor

Grades K-5:

Marla Runyan – 1st Legally Blind Olympian Elizabeth Blackwell – 1st Female Physician

Grades 3-8:

Rosa Parks — Civil Rights Activist

Elizabeth Cady Stanton - Suffragist Leader

Eleanor Roosevelt — 1st Lady, Diplomat, Activist

Ruth Bader Ginsberg — Supreme Court Justice

Rachael Carson — Biologist, Environmentalist

Georgia O'Keefe — American Modernism Artist

Grades 5-8:

Clara Barton - Founder of the Red Cross Queen Hatshepsut - Egyptian Pharaoh Deborah Samson - Revolutionary Soldier Queen Elizabeth - British Monarch



Last year, Katy Lyon as AMELIA EARHART used an airplane prop made by student Andrew Torti.

Interested in portraying one of these women to students in their classrooms?

These are fun, interesting, interactive performances, with time for student participation and questions, usually 20 minutes in total. The AAUW-Camarillo will provide you with a Training Orientation (where you will meet other performers), scripts, extensive background material, props, and costume suggestions/lending options.

For more information or to volunteer to become a Woman in History, please contact Merrill Berge, 805-208-6058 text/talk OR womeninhistory.merrill@gmail.

Sign-up with this quick and easy WIH volunteer form link:

Women in History Volunteer Form 2019-2020



January 2020

P.M Book Review

Our next evening meeting will be held on Monday, January 27, 2020 at 7:00 p.m. at the home of Anita Kuzas. We will be discussing *Born a Crime* by Trevor Noah, which provides stories from the author's South African childhood that are both comical as well as somewhat brutal. Please call or leave Anita a message as to whether you plan to attend or not [805 987-6078].

For those wishing to read ahead, February's selection is The Dollhouse by Fiona Davis.

January Bridge News

In this first month of 2020, we will play on January 10th at Nancy Wood's and January 24th at Jeanne Biggs home.

AAUW Celebrates 100 Years of Suffrage at the Camarillo Christmas Parade







We had a fabulous time marching in the Camarillo Christmas Parade (photo above left from The Acorn). The crowds enthusiastically greeted our group of suffragists under the AAUW and Votes for Women banners. Thanks to community partners Vision 2020 and NAWBO Ventura for joining us. Watch for more suffrage centennial activities coming throughout the year, including the IBC luncheon January 11.



January 2020

Nonfiction Book Group Update

The Nonfiction Book Group will be meeting on January 14th at Anita's to discuss *Prisoners of Geography* by Tim Marshall. Coming up, we will meet on February 11th at Jeanne's to discuss *Astrophysics for People in a Hurry* by Neil deGrasse Tyson. Other titles the group is considering. Contact Barbara Hillburn for more info.

- 1. *Gods of the Upper Air* by Charles King the story of Franz Boas, Margaret Mead and the other 20th century anthropologists who challenged outdated notions of race, class and gender and reinvented the thinking of society
- 2. **Blowout** by Rachel Maddow The MSNBC host's book compiles the most convincing research and journalism on the harm oil and gas have done to global democracy, and then weaves together a narrative of greed, power and corruption.
- 3. **Permanent Record** by Edward Snowden Per the NY Times Review, "a riveting account and a curious artifact. The book is unlikely to change anyone's mind about Snowden, but when it comes to privacy and speech and the Constitution, his story clarifies the stakes."
- 4. **Poisoner in Chief** by Stephen Kinzer Journalist Stephen Kinzer reveals how CIA chemist Sidney Gottlieb worked in the 1950s and early '60s to develop mind control drugs and deadly toxins that could be used against enemies.
- 5. **She Said** by Jodi Kantor and Megan Twohey authors talk of the challenges of getting women who alleged they were sexually assaulted by Harvey Weinstein to go public and of the secret settlements detailed in *She Said*.
- 6. *Into the Planet: My Life As A Cave Diver* by Jill Heinerth Heinerth writes about her explorations, some harrowing escapes, and the challenges she has faced as a woman in the cave diving community in a new memoir
- 7. **Dark Star:Africa** by Paul Thereux His latest travel book charts the author's arduous journey through Africa, from Cairo to Cape Town, by truck, bus, ferry, train and bush taxi. Soon, however, the trip becomes a nightmare. This is a gloomy book, obsessed with ruin and oblivion. These words were taken from the NY Times book review.
- 8. An American Marriage by Tayari Jones (an Oprah book club selection)
- 9. King and Queen of Malibu: The True Story of the Battle for Paradise by David K Randall
- 10. The Wolves at the Door: The True Story of America's Greatest Female Spy
- 11. *The Divide: American Injustice in the Age of the Wealth Gap* by Matt Taibbi and Molly Crabapple Demonstrates that unequal wealth is producing grotesquely unequal treatment under the law.
- 12. *Leadership in Turbulent Times* by Doris Kearns Goodwin Looks at Abraham Lincoln, Theodore Roosevelt, Franklin Roosevelt and Lyndon Johnson.
- 13. *The Fifth Risk* by Michael Lewis New York Times Bestseller. What are the consequences if the people given control over our government have no idea how it works?
- 14. *The Unheard Cry for Meaning: Psychotherapy and Humanism* by Dr. Victor Frankl Illustrates the vital importance of the human dimension in psychotherapy.
- 15. **The Secret History of the World** by Mark Booth Reveals extraordinary and thought-provoking insights into the esoteric teachings of secret societies down the ages and offers a radical new (or perhaps very new) perspective on human history.
- 16. *Rise and Kill First: The Secret History of Israel's Targeted Assassinations* by Ronin Berman The first definitive history of Israel's Mossad, Shin Bet, and the IDF's targeted killing programs.
- 17. *The Hidden Life of Trees: What They Feel, How They Communicate* by Peter Wohlleben Wohlleben shares his deep love of woods and forests, explaining the amazing processes of life, death, and regeneration he has observed in his woodland.
- 18. The Daring Odyssey of Apollo 8 and the Astronauts by Robert Kurson
- 19. At the Existentialist Cafe by Sarah Bakewell
- 20. Fire and Fury by Michael Wolff



January 2020

Knowledge Bowl, March 4, 11, 18 2020

January is here, and the countdown to a favorite program has begun. Knowledge Bowl is a round-robin quiz bowl tournament similar to Jeopardy. Eleven high school teams from all over Ventura County are participating this year.

The dates and locations for Knowledge Bowl 2020 are:

March 4 at Pacifica High School – mini practice round and competitions starting at 5:30pm

March 11 at Buena High School – competitions starting at 5:30pm

March 18 at Adolfo Camarillo High School – competitions and awards starting at 5:30pm

Volunteers serve as question readers, judges and timers. A minimum of 12 volunteers are needed for each night of the competition. You may volunteer for one, two, or all three nights, but if you're new to this event, try to attend on March 4 when a mini practice round will be held at the beginning of the evening to give students, coaches and volunteers a chance to review the process.

Questions are being compiled now. I encourage members to send me questions on topics of interest by January 31, 2020. How many of these questions from 2018 can you answer?

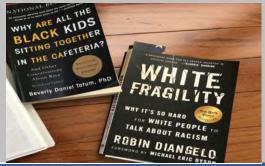
- After its first successful testing, what president wrote, "We have discovered the most terrible bomb in the history of the world"?
- Vasco Balboa was standing on land that is part of what modern-day country when he first sighted the Pacific Ocean?
- According to the 5th and 14th amendments, Americans cannot be deprived of life, liberty, or property without.......?
- A house in Salem, Massachusetts, figures prominently in what work by Nathaniel Hawthorne?

Contact Mary Goldberg at marymgoldberg@gmail.com or (805) 248-4572 for more information, or sign up now on SignUp Genius http://bit.ly/KnowledgeBowl2020.

The Camarillo AAUW Fundraising Committee would generate philanthropic development and donor stewardship to foster our branch sustainability and support its various programs. This committee would have an active and collaborative role in planning fundraising events and researching and obtaining grants for our programs. Participation in National AAUW fundraising training may be helpful. Duties include celebrating successful fundraising by thanking and recognizing donors through branch publications, at branch meetings and with personal thank-yous. Contact Jan for more info.

The Camarillo AAUW Diversity Committee will be meeting in the coming months. Join us to ensure that our branch is providing an inclusive atmosphere to enhance a diverse membership that is representative of our community. Watch your email for the date and time of our first

meeting.





January 2020

Public Policy: Celebrate 2019, Anticipate 2020

Making a list, checking it twice, looking behind, planning ahead – as 2019 leaves and 2020 arrives, we must celebrate. Capturing from multiple published lists (CNN, Washington Post, LA Times), I'll highlight those we at AAUW care about, work for, and fight to advance.

FROM AROUND THE WORLD: Women in Latin America and across the world rallied against anti-female violence, and continue to advocate for change; the World Health Organization announced progress in vaccine development, with a new vaccine protecting people from Ebola virus, as a major triumph for public health; and the Melinda Gates Foundation noted that the rate for early childhood deaths (under the age of 5) around the world had fallen from 82 per 1000 in 1990, to 37 per 1000 in 2019, as a result of health and education improving everywhere in the world.

WOMEN MAKING HISTORY: The Indian Navy welcomed its first-ever woman pilot – SHIVANGI; Austria named its first female Chancellor – BRIGITTE BIERLEIN; the European Commission elected its first Female President – URSULA VON DER LEYEN; METTE FREDERIKSEN, the youngest woman elected Prime Minister in Denmark; KAREN UHLENBECK became the first woman to win mathematics' most prestigious prize – the Abel Prize (equivalent to Noble); EMMA HARUKA IWAO broke world record for calculating pi; NASA astronauts JESSICA MEIR and CHRISTINA KOCH, first two women walking in space (without a male chaperone); GRETA THUNBERG, Swedish environmental activist on climate change and TIME Person of the Year 2019; and of course the U.S. Women's National Team winning the 4th Women's World Cup Soccer title, led by MEGAN RAPINOE, and then leading the charge in court for pay equity in the soccer sports industry.

2020 – DEMOCRACY AT WORK: Last January, a record number of women, 102, took their seats in the U.S. House of Representatives; in April Lori Lightfoot/Chicago Mayor, bringing to eight, a record number of black women serving as Mayors in the top 100 largest cities; and next month in Virginia, the two most powerful positions (Speaker and Majority Leader) will be held by women.

As the Impeachment process moves into January, we must recognize the many female public servants who have stepped in to speak "truth to power" such as former Russia Adviser Fiona Hill and former Ambassador Marie Yovanovitch. This administration has crippled our government institutions, our global relationships, and gridlocked progress. As the process moves to the Senate, over 400 bills that advance policies for voting rights, health care, immigration, education and public safety sit on the Senate Majority Leaders desk – so the work has stalled, and the public suffers.

2020 will be all about dislodging the gridlock and the November elections, national, state and local. We will do our best to bring to AAUW members the many initiatives to be on the November ballot, and assist in informing for advocacy and progress in public policies for 2020. May our future be brighter! Happy New Year!

Public Policy, Kathy Long





January 2020

Member News

As yet, no one has claimed the beautiful copper roofed bird house that was left at the Authors' Day event. Someone purchased it and forgot to pick it up when they left. I have it here at my house for safekeeping if you wish to stop by or just give me a call. Diana Dingler (805)987-8013

Great Decisions Update

Now that 2019 is a wrap, would you be interested in joining us in 2020? If you are, please call any of the chapter members listed below. We'd love to have you join us. We are ordering books now!

Our chapter's Great Decisions meetings – **the fourth Friday of each month** – are informal and invite discussion. First, we read a brief chapter in our booklet. When we meet, we watch a 20-minute video on the month's topic and then discuss it for about an hour. This is a safe, informative, and non-political venue to discuss important and current foreign policy matters. No experience is necessary!

Nancy Walters nejwalters285@gmail.com (805) 465-0362, Ann Wasson amwasson@gmail.com (805) 419-4509, or Jerrie Newman martjerrie@roadrunner.com (805) 389-3064.

2019-2020 DIRECTORY IS COMING!

WATCH YOUR MAILBOX

Are you smarter than a 12th grader? Knowledge Bowl Answers Below

4. The House of the Seven Gables

3. Due process

2. Panama

Ţ.

Harry Truman

Camarillo Branch
Board of Directors and Chairs
2019-2020

Gloria Miele Jan Demonsy

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Kay Ito

Communications and PR

Ann Wasson

Beacon Editor

Gloria Miele

Beacon Design and Layout

Open positions:

Co-President-Elect

VP, Membership





January 2020

More on Membership

Not a member? Or know someone who would be a great addition?

Join and pay online with a credit card using the New Member Join link below. Right click on the link and then select "open hyperlink":

AAUW Camarillo Branch New Member Join Link

This is a direct link to The Camarillo (CA) AAUW Branch. You will select New Member and for Member Type choose MOB-Branch Member. If you join between January 1st and March 15th, a small discount will be applied. Annual dues will be due by June 30th of the same year. Get a 30% discount when you sign up at a meeting or event (Meet and Greet, General Meeting, etc).

Join and pay with a check by printing this page, then completing the Member Form at right. Follow the instructions on the Form.

Not sure if AAUW is a good fit for you? Try attending the monthly Meet & Greet Breakfast, held on the last Saturday of most months. Refer to the article in this Beacon for specifics. This is a pleasant social gathering for members and potential members. Hope to see you there!

Visit the Branch Website for more info: AAUW Camarillo (CA) Branch website

Attend the next Branch General meeting. Guests are always welcome.

For questions please contact Jan Demonsy, 805-419-4607 or email aauwcamarillo.copres@gmail.com

American Association of University Women



Name	
Address	
City/State/Zip	
Phone: (Home) ()	
(Cell) ()	
E-Mail:	
Highest College degree:	
University/College:	
Student;	
Student Graduation Date:	
Student Degree Sought:	
Dues Schedule:	Circle one:

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Student Affiliate

(Includes local, state & national dues)

50

Write check payable to: "AAUW Camarillo Branch" and and mail to:

> Camarillo AAUW P. O Box 862 Camarillo, CA 93011

Visit our website! https://camarillo-ca.aauw.net/



January 2020

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